

SCIENTIFIC REPORTS

OPEN

Global Variation of Nutritional Status in Children Undergoing Chronic Peritoneal Dialysis: A Longitudinal Study of the International Pediatric Peritoneal Dialysis Network

Franz Schaefer¹, Laura Benner², Dagmara Borzych-Dużałka³, Joshua Zaritsky⁴, Hong Xu⁵, Lesley Rees⁶, Zenaída L. Antonio⁷, Erkin Serdaroglu⁸, Nakysa Hooman⁹, Hiren Patel¹⁰, Lale Sever¹¹, Karel Vondrak¹², Joseph Flynn¹³, Anabella Rébori¹⁴, William Wong¹⁵, Tuula Hölttä¹⁶, Zeynep Yuruk Yildirim¹⁷, Bruno Ranchin¹⁸, Ryszard Grenda¹⁹, Sara Testa²⁰, Dorota Drożdż²¹, Attila J. Szabo²², Loai Eid²³, Biswanath Basu²⁴, Renata Vitkevicius²⁵, Cynthia Wong²⁶, Stephen J. Pottroore²⁷, Dominik Müller²⁸, Ruhan Dusunsal²⁹, Claudia Gonzalez Celedon³⁰, Marc Fila³¹, Lisa Sartz³², Anja Sander², Bradley A. Warady³³ & International Pediatric Peritoneal Dialysis Network (IPPN) Registry*

While children approaching end-stage kidney disease (ESKD) are considered at risk of uremic anorexia and underweight they are also exposed to the global obesity epidemic. We sought to investigate the variation of nutritional status in children undergoing chronic peritoneal dialysis (CPD) around the globe. The distribution and course of body mass index (BMI) standard deviation score over time was examined prospectively in 1001 children and adolescents from 35 countries starting CPD who were followed in the International Pediatric PD Network (IPPN) Registry. The overall prevalence of underweight, and

¹Center for Pediatrics and Adolescent Medicine, Heidelberg, Germany. ²Institute of Medical Biometry and Informatics, University of Heidelberg, Heidelberg, Germany. ³Medical University of Gdansk, Department of Pediatrics, Nephrology and Hypertension, Gdańsk, Poland. ⁴Nemours/A.I. duPont Hospital for Children, Wilmington, DE, USA. ⁵Children's Hospital of Fundan University, Shanghai, China. ⁶Great Ormond Street Hospital, London, United Kingdom. ⁷Department of Pediatric Nephrology, National Kidney and Transplant Institute, Quezon City, Philippines. ⁸Dr. Behcet Uz Children Research and Educational Hospital, Izmir, Turkey. ⁹Iran University of Medical Sciences, Tehran, Iran. ¹⁰Nationwide Children's Hospital, Columbus, OH, USA. ¹¹Carrahpasa School of Medicine, Istanbul, Turkey. ¹²University Hospital Motol, Prague, Czech Republic. ¹³Seattle Children's Hospital, Seattle, WA, USA. ¹⁴S.E.N.N.I.A.D, Montevideo, Uruguay. ¹⁵Department of Nephrology, Starship Children's Hospital, Auckland, New Zealand. ¹⁶HUCH Hospital for Children and Adolescents, Helsinki, Finland. ¹⁷Istanbul University, Istanbul Faculty of Medicine, Istanbul, Turkey. ¹⁸Service de Néphrologie Pédiatrique, Hôpital Femme Mère Enfant, Hospices Civils de Lyon, Lyon, France. ¹⁹Children's Memorial Health Institute, Warsaw, Poland. ²⁰Pediatric nephrology, Dialysis and Transplantation Unit Fondazione IRCCS Ca' Granda Osp. Maggiore Policlinico, Milan, Italy. ²¹Jagellonian University Medical College, Kraków, Poland. ²²Semmelweis University, Budapest, Hungary. ²³Dubai Hospital, Dubai, United Arab Emirates. ²⁴NRS Medical College & Hospital, Kolkata, India. ²⁵Children Hospital, affiliate of Vilnius University Hospital Santaros Klinikos, Vilnius, Lithuania. ²⁶Lucile Packard Children's Hospital at Stanford, Palo Alto, USA. ²⁷Children's Medical Center Dallas, Dallas, Tx, USA. ²⁸Department of Pediatric Gastroenterology, Nephrology and Metabolism, Charité, Berlin, Germany. ²⁹Erciyes University, Kayseri, Turkey. ³⁰Hospital Sotero del Rio, Santiago, Chile. ³¹CHU Arnaud de Villeneuve, Université de Montpellier, Montpellier, France. ³²Barnkliniken, Lund, Sweden. ³³Children's Mercy Hospital, Kansas City, MO, USA. *A comprehensive list of consortium members appears at the end of the paper. Correspondence and requests for materials should be addressed to F.S. (email: franz.schaefer@med.uni-heidelberg.de)

overweight/obesity at start of CPD was 8.9% and 19.7%, respectively. Underweight was most prevalent in South and Southeast Asia (20%), Central Europe (16.7%) and Turkey (15.2%), whereas overweight and obesity were most common in the Middle East (40%) and the US (33%). BMI SDS at PD initiation was associated positively with current eGFR and gastrostomy feeding prior to PD start. Over the course of PD BMI SDS tended to increase on CPD in underweight and normal weight children, whereas it decreased in initially overweight patients. In infancy, mortality risk was amplified by obesity, whereas in older children mortality was markedly increased in association with underweight. Both underweight and overweight are prevalent in pediatric ESKD, with the prevalence varying across the globe. Late dialysis start is associated with underweight, while enteral feeding can lead to obesity. Nutritional abnormalities tend to attenuate with time on dialysis. Mortality risk appears increased with obesity in infants and with underweight in older children.

The nutritional status is a principal concern when caring for children undergoing chronic peritoneal dialysis (CPD). While early studies revealed providing sufficient nutrition was essential for adequate growth in this population, advances in enteral feeding practices have enabled the elimination of underweight but have not improved linear growth as much as expected^{1–3}. Recent concerns have emerged on the potential for adverse effects of excessive caloric intake in patients who receive supplemental feeding^{1–3}.

The majority of published studies assessing the nutritional status of dialyzed children were performed at highly specialized pediatric dialysis units in North America and Western Europe. In contrast, on a global scale the risk of nutritional abnormalities in individual regions and countries is likely to be affected by a range of medical and non-medical factors including the patient case-mix regarding age, underlying disease and co-morbidities, national economic strength and healthcare expenditure, cultural acceptability of dietary and feeding prescriptions, availability of special formula diets and enteral feeding equipment, and differences in local, national or regional nutritional recommendations⁴.

The International Pediatric Peritoneal Dialysis Network (IPPN) has been collecting comprehensive clinical and laboratory data in a standardized manner from children undergoing CPD worldwide since 2007. Since these data include detailed anthropometric measures, feeding prescriptions and outcome measures, it provides an opportunity to address the global demographics of nutritional abnormalities in children receiving CPD.

The objective of this study was to examine and follow prospectively the nutritional status of 1,001 children commencing CPD around the globe, analyze factors associated with the nutritional status at the start and during the course of dialysis, and to analyze the impact of nutritional abnormalities on patient survival.

Methods

Data collection. The IPPN Registry was established in 2007 and currently collects comprehensive clinical and laboratory information from children undergoing CPD at 95 pediatric dialysis centers in 37 countries around the globe. Patient status is updated every 6 months via an Internet-based web platform (www.pedpd.org). The complete list of data items collected has been published previously^{2,4}. Data is automatically checked for plausibility and completeness. Data protection is ensured by pseudonymized data input. The study is performed in accordance with the relevant medical association's professional codes of conduct with the Declaration of Helsinki from 2008. Approval for the registry project was obtained from The Children's Mercy Hospital Pediatric Institutional Review Board, Kansas City, USA and local Institutional Review Boards or ethical committees. Informed consent was obtained from the patients and/or their legal guardians as required by local review boards.

Calculation of BMI SDS and eGFR. Body Mass Index (BMI), i.e. weight/height² (kg/m²), was normalized to standard deviation scores (SDS) according to height age, utilizing the WHO (2006) and CDC (2000) standards for children aged younger and older than 5 years, respectively (see www.who.int/childgrowth/en/)^{5,6}. Normalization to height age, i.e. the chronological age of a child with the same height growing at the 50th height percentile, was made to adjust for the high prevalence of growth failure in the cohort⁷. BMI SDS values were used to categorize patients into three BMI groups: underweight (<2.5th percentile, i.e. <−2 SDS), normal (2.5th to 85th percentile, i.e. −2 to 1.036 SDS), overweight (>85th –95th percentile, i.e. >1.036 to 1.645 SDS), and obesity (>95th percentile, i.e. >1.645 SDS). The Schwartz bedside formula was used to estimate GFR at initiation of CPD⁸.

Statistics. Data collection was complete for all observations except residual urine output (7.6% missing data), daily ultrafiltration rate (5.2%), eGFR (1.2%), total PD fluid turnover and dialytic glucose exposure (0.8%), PD modality (0.5%), serum bicarbonate (0.3%), serum albumin (0.2%), and estimated dry weight (0.2%). Multiple imputation by chained equations was conducted to replace these missing values⁹. All analyses were performed using the imputed dataset. Additionally, sensitivity analyses were performed using only cases with complete data sets.

ANOVA or Kruskal-Wallis tests were conducted to compare differences between BMI groups. Differences in proportions were assessed using Chi² tests. Linear mixed modeling was used to identify factors affecting BMI SDS at baseline and during follow-up. The initial cross sectional model included age, sex, eGFR, gross national income (GNI), renal diagnosis, presence of comorbidities, ethnicity, urine output, nutritional support (oral caloric supplements, nasogastric tube (NGT) and gastrostomy feeding), and growth hormone use as independent variables. The region of residence was accounted for as random intercept. For the longitudinal analysis, the change in BMI SDS between two observations, projected to 12 months, was used as the dependent variable and region and patients were used as nested random effects. Potential covariates included in the initial model were age at baseline,

sex, presence of comorbidities, renal diagnosis, GNI and the time-varying variables BMI SDS, height SDS, eGFR, % deviation from estimated dry weight, PD modality, duration of PD, serum albumin, serum bicarbonate, total PD fluid volume, urine output, ultrafiltration, growth hormone use, nutritional support, glucose exposure, bio-compatible PD fluid use, and amino acid PD fluid use. A stepwise variable selection procedure was applied to identify the relevant covariates for the cross sectional model as well as for the longitudinal model, using $p = 0.2$ as a cutoff criterion for model entry.

Kaplan–Meier analysis with log-rank testing was used to assess differences in patient survival. Cox proportional hazard modeling with time dependent covariates and interaction term was applied to identify risk factors of death on dialysis.

Data were analyzed using SAS, version 9.3 (SAS Institute, Inc., Cary, NC), and R, version 3.1.1¹⁰.

Results

Study population. All children and adolescents enrolled in the IPPN registry with initiation of CPD between March 2007 and December 2014 were analyzed for this study. Five patients with syndromic and metabolic disorders associated with intrinsic abnormalities of growth and body composition were excluded from the analysis. The final dataset comprised a total of 1,001 incident patients from 85 nephrology centers in 35 countries. Children originated from Western Europe ($n = 300$), Central Europe ($n = 120$), Turkey ($n = 105$), the Middle East ($n = 15$), China and Hong Kong ($n = 77$), Korea ($n = 24$), India and South East Asia ($n = 30$), New Zealand ($n = 18$), USA ($n = 97$), Canada ($n = 13$) and Latin America ($n = 202$). One or more comorbidities were reported in 369 patients (35.6%); these included mainly defined syndromic disorders ($n = 107$), impaired cognitive development ($n = 119$), cardiac ($n = 130$) and pulmonary abnormalities ($n = 52$).

Of the 1,001 patients, 702 (70%) patients had at least two BMI records available. Median follow-up time was 14.5 (IQR 17.8) months. Altogether, the data set contained 2,931 follow-up entries.

Nutritional status at dialysis initiation. The overall prevalence of underweight, normal weight and overweight/obesity at the start of CPD was 8.9%, 71.4%, and 19.7%, respectively. The detailed patient characteristics according to nutritional status at dialysis entry are shown in Table 1. Overweight/obese children originated from countries with higher GNI per capita, had higher eGFR at CPD initiation and were more growth retarded. Gastrostomy feeding was performed in almost 17% of the overweight children as compared to 8% and 6% in the normal and low BMI groups ($p < 0.001$ for comparison of gastrostomy feeding between overweight and normal, as well as between overweight and low BMI). Children starting PD with underweight more often received amino acid PD fluid than children without underweight ($p = 0.013$).

The distribution of underweight, normal weight, and overweight/obese patients according to geographical region is depicted in Fig. 1. The prevalence of nutritional abnormalities varied significantly across world regions. Underweight was most prevalent in South and Southeast Asia (20%), followed by Central Europe (16.7%) and Turkey (15.2%), whereas overweight and obesity were most common in the Middle East (40%) and the US (33%).

The prevalence of underweight was highest in the first year of life (14.2%), decreasing to 6.5%, 9.4% and 7.7% in children aged 1–<6, 6–12 and older than 12 years, respectively (Fig. S1 in supplement). The prevalence of underweight was correlated with the eGFR at initiation of PD, increasing from 5.3% at eGFR 9–12 ml/min/1.73 m² to 11% at eGFR < 6 ml/min/1.73 m² ($p = 0.03$) (see also Fig. S2). The prevalence of obesity was higher in the younger children than in adolescents, whereas the prevalence of being overweight was largely independent of age (see Fig. S1).

By multivariate analysis, BMI SDS at dialysis initiation was positively predicted by eGFR and the use of gastrostomy feeding and negatively predicted by the presence of comorbidities, whereas age, sex, ethnicity, GNI, renal diagnosis, and growth hormone use were not predictive (Table S1).

Enteral feeding practices. To further explore and compare regional characteristics in nutrition management, enteral feeding patterns were investigated. Enteral (NGT or gastrostomy) feeding was used at baseline in 57.4%, 32.9%, 5.6%, and 2.3% of children <1, 1–<6, 6–12 and >12 years, respectively ($p < 0.001$). The variation of feeding practices varied markedly by region (Fig. 2). Enteral feeding was rarely applied in Central Europe, Turkey, India, South East Asia, and China. Gastrostomy usage was confined to North America, Western Europe, Korea and New Zealand. Among the 386 children <6 years, 166 were followed for at least 12 months on dialysis. The fraction of children with enteral tube feeding was 38% at baseline and 41% at follow up (ns).

Changes in nutritional status with time on CPD. Changes in BMI SDS were analyzed using 702 patients with at least two available BMI records. During a median follow-up time of 15 (interquartile range 18) months, BMI SDS tended to increase on CPD in both underweight and normal weight children, whereas it decreased in the overweight patients (Fig. 3). Out of 74 underweight children at the start of CPD, 51.4% were non-underweight at last observation; among 125 overweight/obese children at CPD initiation, 36.0% achieved a normal BMI at follow-up.

Gastrostomy feeding was associated with an increase in BMI SDS during follow-up (Table 2). Additional factors independently associated with a positive change in BMI SDS included a lower BMI SDS and higher height SDS, higher serum albumin and the diagnosis of CAKUT. In contrast, greater fluid overload (expressed as % deviation from estimated dry weight) was predictive of a negative change in BMI SDS during follow-up.

Nutrition and mortality. A total of 54 children died during the observation period. The most common causes of death were non-PD related infections (39%), followed by congestive heart failure (17%), PD-related infections (7%) and malignancies (7%). The 1-, 2- and 4-year survival rates were 91%, 84%, and 74% in patients who were underweight at last observation, as compared to 95%, 93% and 89% in those with final higher BMI SDS values ($p = 0.03$) (Fig. 4). Cox proportional hazard analysis identified the presence of comorbidities and younger

	Total population	BMI < 2.5 th percentile	BMI 2.5 th –85 th pct	BMI > 85 th pct	P
	N = 1001	n = 89	n = 715	n = 197	
Country GNI per capita (1000\$)	27.1 ± 13.6	24.0 ± 13.2	27.0 ± 13.4	28.6 ± 14.5	0.03
Age (yrs)	8.5 ± 5.8	7.7 ± 5.9	8.7 ± 5.8	8.1 ± 5.8	0.18
Male gender	550 (55%)	50 (56.2%)	388 (54.3%)	112 (56.9%)	0.79
Renal diagnosis					0.24
CAKUT	424 (42.4%)	44 (49.4%)	291 (40.7%)	89 (45.2%)	
Glomerulopathy	388 (38.8%)	30 (33.7%)	292 (40.8%)	66 (33.5%)	
Other	189 (18.9%)	15 (16.9%)	132 (18.5%)	42 (21.3%)	
Comorbidities	355 (35.5%)	38 (42.7%)	250 (35.0%)	67 (34.0%)	0.32
eGFR at PD start (ml/min/1.73 m ²)	8.0 (5.3)	7.3 (5.1)	7.9 (5.2)	8.8 (5.6)	0.01
Urine output (L/m ² /d)	0.61 (0.94)	0.53 (0.85)	0.63 (0.93)	0.56 (1.05)	0.80
PD modality					0.51
CAPD	222 (22.6%)	23 (25.8%)	156 (21.8%)	43 (21.8%)	
APD	759 (77.4%)	60 (67.4%)	547 (76.5%)	152 (77.2%)	
Other	13 (1.3%)	6 (6.7%)	6 (0.8%)	1 (0.5%)	
Biocompatible PD fluid use	428 (42.8%)	33 (37%)	316 (44.2%)	79 (40.1%)	0.31
Height SDS	−1.9 ± 1.7	−1.6 ± 2.1	−1.8 ± 1.6	−2.3 ± 1.8	<0.001
Nutritional supplementation					
None	595 (59.4%)	54 (60.7%)	428 (59.9%)	113 (57.4%)	0.01
Oral nutritional supplements	218 (21.8%)	24 (27%)	160 (22.4%)	34 (17.3%)	
NG tube	92 (9.2%)	6 (6.7%)	69 (9.6%)	17 (8.6%)	
Gastrostomy	96 (9.6%)	5 (5.6%)	58 (8.1%)	33 (16.7%)	
Amino acid PD fluid use	12 (1.2%)	4 (4.5%)	5 (0.6%)	3 (1.5%)	0.01
Growth hormone use	64 (6.4%)	3 (3.4%)	50 (7.0%)	11 (5.6%)	0.37
Hemoglobin (g/L)	10.8 ± 1.9	11.0 ± 2.1	10.8 ± 1.9	10.8 ± 1.8	0.61
Serum albumin (g/l)	35.8 ± 6.9	36.2 ± 5.4	35.6 ± 7.2	36.2 ± 6.6	0.512
Blood urea (mg/dl)	96 (63)	93 (64)	97 (63)	93 (62)	0.52
Serum bicarbonate (mM)	23.9 ± 4.3	23.7 ± 4.1	23.9 ± 4.2	24.2 ± 4.7	0.63
Serum phosphorus (mM)	1.8 ± 0.6	1.8 ± 0.6	1.8 ± 0.6	1.7 ± 0.6	0.20

Table 1. Patient and treatment baseline characteristics. Data are expressed as n (%), median (IQR) or mean ± SD.

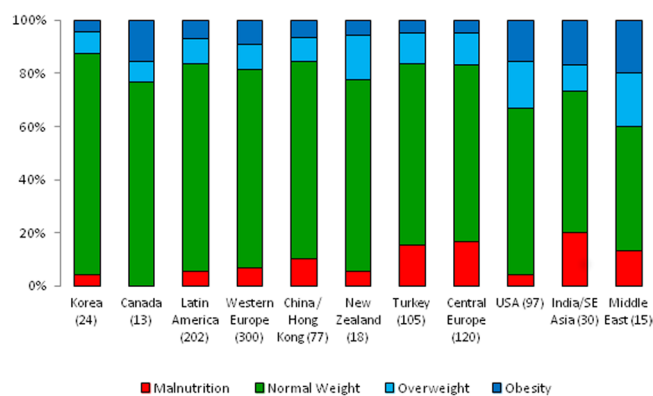


Figure 1. Regional variation of nutritional status at start of CPD, sorted by decreasing fraction of patients with BMI within normal range.

age as risk factors for death on dialysis (Table 3). Whereas BMI SDS per se was not predictive, the interaction term of BMI SDS and age affected the risk of death at borderline significance ($p = 0.06$). To further illustrate the interaction of age and BMI SDS with respect to mortality risk on dialysis, we modeled the hazard ratio of death by age for patients with a BMI SDS of -2 , 0 , and 2 (Fig. 5). While the globally increased risk of death of children younger than 5 years of age is more marked in obese children, at older age underweight children appear at higher risk of death than obese ones.

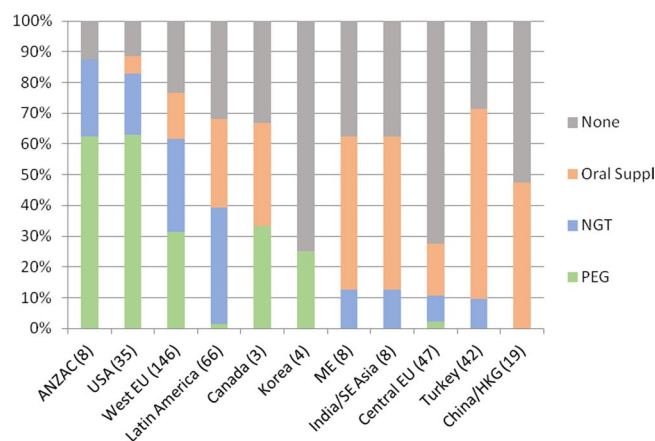


Figure 2. Regional differences in supplementary feeding practices in 386 children <6 years, sorted by increasing fraction of patients without enteral feeding.

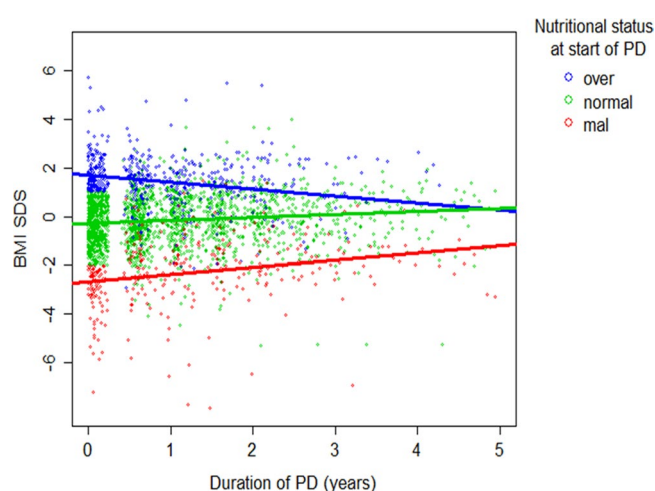


Figure 3. Course of BMI SDS according to nutritional status at start of PD (green: normal BMI, blue: overweight/obese, red: underweight). Regression lines are based on a mixed model predicting BMI SDS from duration of PD, nutritional status at start of PD and their interaction.

	Parameter Estimate (SE)		P
Intercept	−0.056	(0.259)	0.89
Duration of PD (years)	−0.060	(0.036)	0.09
Diagnosis (reference: CAKUT)			
Glomerulopathy	−0.229	(0.089)	0.01
Other	−0.364	(0.110)	0.001
BMI SDS	−0.456	(0.026)	<0.001
Height SDS	0.113	(0.025)	<0.001
% deviation from estimated dry weight	−0.040	(0.014)	0.01
Serum albumin (g/L)	0.015	(0.006)	0.02
Nutritional supplementation (reference: none)			
Oral	−0.195	(0.090)	0.03
NGT	0.122	(0.133)	0.36
Gastrostomy	0.633	(0.132)	<0.001

Table 2. Factors predicting prospective annualized change in BMI SDS. Positive change means BMI SDS increase (702 patients, 1930 differences in BMI SDS).

	Estimate	(SE)	Hazard ratio	95% Confidence Interval	P
Comorbidity	0.836	(0.279)	2.307	[1.336, 3.987]	0.001
Age	-0.102	(0.028)	0.903	[0.856, 0.954]	<0.001
BMI SDS	0.136	(0.123)	1.145	[0.900, 1.457]	0.27
BMI SDS * Age	-0.028	(0.015)	0.973	[0.945, 1.002]	0.06

Table 3. Risk factors for death on CPD.

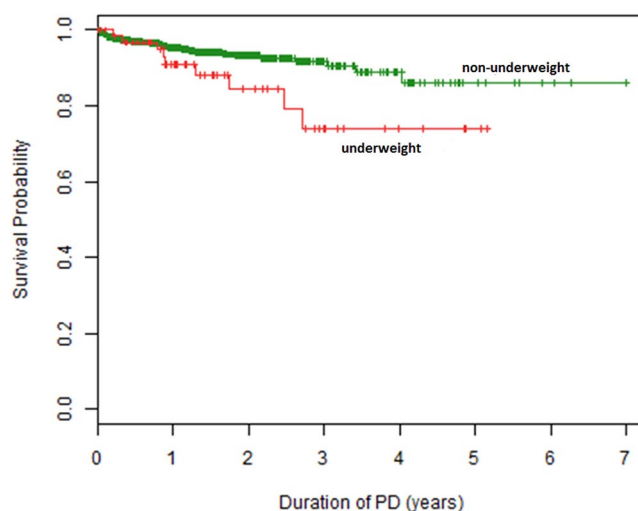


Figure 4. Survival of patients with underweight (BMI < 2.5th percentile) (red) and without underweight (BMI > 2.5th percentile) (green) at last observation (log-rank test: $p = 0.03$).

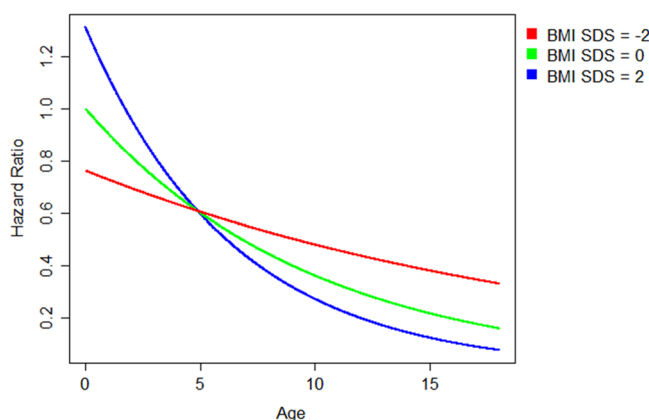


Figure 5. Hazard ratios of death according to age and BMI SDS (reference: age = 0, BMI SDS = 0) for a patient with no comorbidities, based on Cox regression with time dependent variables age, BMI SDS, presence of comorbidities and the interaction of bmi sds and age.

Discussion

At variance with historical epidemiological studies on nutrition in children with CKD, which focused mainly on uremic underweight, this study highlights a changing trend of the nutritional status in pediatric end stage kidney disease (ESKD). Both underweight and overweight/obesity were common. Using the 2.5th and the 85th BMI percentiles as cutoffs for underweight and overweight/obesity respectively, 28.6% of patients receiving CPD, as compared to an expected 17.5%, exhibited an abnormal body composition.

A relatively low rate of underweight, but an increased prevalence of overweight and obesity was recently also observed in North American CKD cohorts^{11,12} and in European children undergoing dialysis¹³. While it is tempting to merely attribute this trend to the global childhood obesity epidemic, the comprehensive and worldwide

data collection in the IPPN Registry allowed us to dissect in detail and on a global scale, the impact of macro-economic factors, patient characteristics, and pediatric CKD and dialysis management practices on nutritional outcome.

The regional breakdown and comparison with the general childhood population prevalence data revealed that overweight and obesity in the CPD patients was indeed most prevalent in children and adolescents from the US and the Middle East, and comparable to the national prevalence rates in these countries which show the highest prevalence of childhood obesity worldwide¹⁴. On the other hand, when relating the observed obesity rates to the current prevalences in the general pediatric populations of the respective regions, obesity was slightly less common in patients from Western Europe, but was substantially more frequent in children from South and South East Asia¹⁴. The latter finding might be explained in part by overrepresentation of families from upper socioeconomic strata to whom chronic dialysis is affordable. Noteworthy also was the finding that whereas gross national income was positively correlated with overweight/obesity prevalence by univariate analysis, it was not included in the multivariate models predicting BMI at initiation of dialysis and during follow-up. This suggests that the observed regional differences can be explained in large part by the medical factors included in the multivariate analysis.

Two factors were consistently associated with BMI SDS at the time of PD initiation: the most current eGFR and the use of gastrostomy feeding prior to PD start. The positive association with eGFR is compatible with the notion that the risk of uremic underweight increases as residual kidney function declines in the late pre-dialytic phase. Centers in countries where late referral to pediatric nephrology care is common may be more likely to start PD in underweight patients with little residual kidney function. In the case of children for whom PD is to be started electively, our findings add a nutritional perspective to the list of factors to be considered when determining the optimal timing of PD initiation.

The most important single factor associated with higher BMI SDS both at PD start and during follow-up was the presence of a gastrostomy. In the multivariate longitudinal analysis, gastrostomy feeding accounted for an increase in BMI by almost two standard deviations per three years of treatment. Accordingly, gastrostomy feeding was almost three times more common among overweight and obese as compared to underweight patients. These findings confirm and extend a previous IPPN study in young infants, which identified PEG feeding as a risk factor for obesity². Since the use of gastrostomy feeding was found to be largely restricted to high-income countries, enteral feeding via gastrostomy appears to be the most important factor underlying the observed link between Gross National Income and higher BMI.

An unexpected observation was the fact that obese - but not underweight - patients were significantly shorter than patients with normal nutritional status at the initiation of renal replacement therapy. This finding, which is in keeping with recent findings in the ESPN/ERA-EDTA registry¹³ and previous reports¹⁵, may reflect previous frustraneous interventions to correct growth failure by hypercaloric feeding.

An important and reassuring finding from the longitudinal analysis is the observation that nutritional abnormalities, both underweight and overweight/obesity, tend to level off over the course of dialysis. The prevailing BMI SDS was a highly significant inverse predictor of the subsequent change in BMI SDS in the longitudinal model. This 'funneling' of the nutritional status is likely to be a consequence of regular nutritional monitoring and dietary advice. Direct effects of dialysis such as control of uremia, correction of acidosis and dialytic glucose resorption probably play a role in the correction of underweight, but these factors were not included as significant predictors of prospective BMI SDS change in the overall model since they are less likely to increase BMI in patients with normal nutritional status.

Remarkably, patients with congenital kidney malformation disorders (CAKUT) were more likely to gain BMI SDS over the course of dialysis than patients with other underlying renal diseases. Since CAKUT is the most common renal diagnosis in infants with ESKD and was slightly more common among initially underweight patients, we speculate that catch-up weight gain due to enteral feeding was more common in this patient group. In addition, as CAKUT patients are often polyuric even at commencement of dialysis, part of the observed BMI gain may be explained by relative fluid gain to the gradual loss of diuresis with time on PD.

The estimated fractional deviation from dry weight was associated with a subsequent negative change in BMI SDS, possibly reflecting the impact of early fluid imbalances (e.g. hypervolemia) and their correction with time on CPD. When patients with substantial fluid overload have their body weight decreased because of improved fluid management, this will be recorded as a negative change in BMI, illustrating the limitation of BMI SDS as a measure of nutritional status.

Nutritional status is a well recognized, major global determinant of mortality in the general adult and pediatric population, as well as in adults and children with ESKD^{16–18}. The overall patient survival observed in this global sample of children and adolescents starting CPD (91% at 2 years) was not dissimilar from survival rates noted in North American and European registry cohorts^{19–21}. Wong *et al.*, in the only other large study examining BMI and mortality in pediatric ESRD, demonstrated a U-shaped association between the risk of death and BMI SDS, with both extremes of BMI associated with increased mortality¹⁹. An increased death risk was also observed in children with a hematological malignancy who were either underweight or obese²². In the present study, underweight patients were twice as likely to die on dialysis as non-underweight children by univariate Kaplan Meier survival analysis, whereas obesity did not affect the risk of death. On the other hand, when accounting for age and the presence of comorbidities in a Cox regression model, although BMI SDS did not predict the risk of death, age and BMI SDS showed an interactive effect; specifically, an increased infant mortality was amplified by obesity, whereas mortality in older children and adolescents was markedly increased by underweight. Hence, our findings are compatible with an age-dependent impact of the extremes of body composition on patient survival. We hypothesize that the morbid obesity generated in a subset of young infants by enteral feeding may, in fact, put these patients at increased risk of death. Possible underlying causes of this risk association might include enhanced cardiovascular risk due to the difficulty of assessing fluid status in obese infants and the susceptibility of obese subjects to severe outcomes following viral respiratory infections²³.

While the strength of our study relates to the robust set of data available from a large group of pediatric CPD patients, several limitations of our study should be mentioned. Although BMI is a generally accepted method to assess nutritional status in healthy children^{24–26}, it is an imperfect measure of body composition. This is particularly true in pediatric dialysis patients as it does not account for abnormalities of fluid status and is impacted by abnormal body height. While the latter issue was accounted for by calculation of BMI SDS for height age^{27,28}, a more refined auxological assessment was not possible in this global registry. Another important limitation of our study was the lack of detailed data on dietary prescriptions and caloric intake, which would be difficult to obtain due to complexity of data collection in such a large and diverse cohort of patients.

In summary, this longitudinal assessment of 1001 children from 35 countries commencing CPD demonstrates that both underweight and obesity are observed at increased frequency in pediatric ESRD. The prevalence of both abnormalities varies substantially across the globe. Delayed start of dialysis is a risk factor for underweight whereas enteral tube feeding, while protecting from underweight, increases the risk of developing obesity. Nutritional abnormalities tend to attenuate with time on dialysis.

References

- Sienna, J. L. *et al.* Body size in children with chronic kidney disease after gastrostomy tube feeding. *Pediatr Nephrol.* **25**, 2115–21 (2010).
- Rees, L. *et al.* International Pediatric Peritoneal Dialysis Network (IPPN) registry. Growth in very young children undergoing chronic peritoneal dialysis. *J Am Soc Nephrol.* **22**, 2303–2312 (2011).
- Rees, L. & Jones, H. Nutritional management and growth in children with chronic kidney disease. *Pediatr Nephrol.* **28**, 527–36 (2013).
- Schaefer, F. *et al.* IPPN investigators. Impact of global economic disparities on practices and outcomes of chronic peritoneal dialysis in children: insights from the International Pediatric Peritoneal Dialysis Network Registry. *Perit Dial Int.* **32**, 399–409 (2012).
- WHO Multicentre Growth Reference Study Group. WHO Child Growth Standards based on length/height, weight and age. *Acta Paediatr Suppl* **450**, 76–85 (2006).
- Kuczmarski, R. J. *et al.* 2000 CDC Growth Charts for the United States: methods and development. *Vital Health Stat* **246**, 1–190 (2002).
- Bonthuis, M. *et al.* Application of body mass index according to height-age in short and tall children. *PLoS One.* **8**(8) (2013).
- Schwartz, G. J. & Work, D. F. Measurement and estimation of GFR in children and adolescents. *Clin J Am Soc Nephrol.* **4**(11), 1832–43 (2009).
- Van Buuren, S. & Groothuis-Oudshoorn, K. mice: Multivariate Imputation by Chained Equations in R. *J Stat Softw.* **45**(3), 1–67 (2011).
- R Core Team R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. <http://www.R-project.org/> (2014).
- Wilson, A. C. *et al.* Prevalence and correlates of multiple cardiovascular disease risk factors in children with chronic kidney disease. *Clin J Am Soc Nephrol.* **6**, 2759–65 (2011).
- Yasin, A., Benidir, A. & Filler, G. Are Canadian pediatric nephrology patients really overweight? *Clin Nephrol.* **78**(5), 359–64 (2012).
- Bonthuis, M. *et al.* Underweight, overweight and obesity in paediatric dialysis and renal transplant patients. *Nephrol Dial Transplant.* **28**(Suppl 4), iv195–iv204 (2013).
- Ng, M. *et al.* Global, regional, and national prevalence of overweight and obesity in children and adults during 1980–2013: a systematic analysis for the Global Burden of Disease Study 2013. *Lancet* **384**, 766–81 (2014).
- Rashid, R. *et al.* Body composition and nutritional intake in children with chronic kidney disease. *Pediatr Nephrol.* **11**, 1730–8 (2006).
- De Mutsert, R. *et al.* Excess mortality due to interaction between protein-energy wasting, inflammation and cardiovascular disease in chronic dialysis patients. *Nephrol Dial Transplant* **23**, 2957–2964 (2008).
- Kang, S. S., Chang, J. W., Park, Y. Nutritional Status Predicts 10-Year Mortality in Patients with End-Stage Renal Disease on Hemodialysis. *Nutrients* **9**, pii: E399 (2017).
- Ku, E. *et al.* Association of Body Mass Index with Patient-Centered Outcomes in Children with ESRD. *J Am Soc Nephrol* **27**, 551–558 (2016).
- Chesnaye, N. C. *et al.* Mortality risk in European children with end-stage renal disease on dialysis. *Kidney Int* **89**, 1355–1362 (2016).
- NAPRTCS Report: <https://web.emmes.com/study/ped/annlrept/annualrept2011.pdf> (2011).
- Wong, C. S. *et al.* Anthropometric measures and risk of death in children with end-stage renal disease. *Am J Kidney Dis* **36**, 811–819 (2000).
- Lange, B. J. *et al.* Mortality in overweight and underweight children with acute myeloid leukemia. *JAMA* **293**, 203–211 (2005).
- Almond, M. H., Edwards, M. R., Barclay, W. S. & Johnston, S. L. Obesity and susceptibility to severe outcomes following respiratory viral infection. *Thorax* **68**, 684–686 (2013).
- Cole, T. J. *et al.* Establishing a standard definition for child overweight and obesity worldwide: international survey. *BMJ* **320**, 1240–1243 (2000).
- Cole, T. J. *et al.* Body mass index cut offs to define thinness in children and adolescents: international survey. *BMJ* **335**, 194 (2007).
- Cole, T. J. *et al.* What is the best measure of adiposity change in growing children: BMI, BMI%, BMI z-score or BMI centile? *Eur J Clin Nutr* **59**, 419–425 (2005).
- Gao, T. *et al.* Interpretation of body mass index in children with CKD. *Clin J Am Soc Nephrol* **7**, 558–564 (2012).
- Foster, B. J. & Leonard, M. B. Measuring nutritional status in children with chronic kidney disease. *Am J Clin Nutr* **80**, 801–814 (2004).

Acknowledgements

The authors gratefully acknowledge the support by the International Society for Peritoneal Dialysis, Baxter Health Care, and Fresenius Medical Care. We also appreciate the continued dedicated support of the IPPN by the medical and nursing staff in all collaborating centers.

Author Contributions

All co-authors have participated sufficiently in the work by submitting patient related data, providing intellectual concept of data analysis and revising manuscript draft. Franz Schaefer, Dagmara Borzych-Dużałka, Joshua Zaritsky and Bradley A. Warady directed the project and wrote the first draft of the manuscript. Bruno Ranchin, Hiren Patel, Stephen J. Pootore, Joseph Fynn, Karel Vondrack, Willian Wong, Ryszard Grenda, Sara Testa, Dorota Drożdż, Attila J. Szabo, Hong Xu, Zenaida Antonio, Erkin Sedaroglu, Zaynep Yuruk Yildirim, Loai Eid, Biswanath

Basu, Renate Vitkevic, Naksysa Hooman, Anabella Rebori, Lale Sever, Ruhan Dusunsal, Lesley Rees, Tuula Holttä, Cynthia Wong, Dominik Muller, Marc Fila, Ruhan Dusunsal, Claudia Gonzalez Celedon, Lisa Sartz, and Eva Simkova were involved in the design of the study, provided substantial original data, and reviewed and revised the manuscript in several iterations. Laura Benner and Anja Sander performed the statistical analysis of the project.

Additional Information

Supplementary information accompanies this paper at <https://doi.org/10.1038/s41598-018-36975-z>.

Competing Interests: The authors declare no competing interests.

Publisher's note: Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2019

Consortia

International Pediatric Peritoneal Dialysis Network (IPPN) Registry

M. Adragna³⁴, P. A. Coccia³⁵, A. Suarez³⁶, P. G. Valles³⁷, R. Salim³⁸, L. Alconcher³⁹, K. Arbeiter⁴⁰, K. van Hoeck⁴¹, V. Koch⁴², J. Feber⁴³, E. Harvey⁴⁴, C. White⁴⁵, M. Valenzuela⁴⁶, J. Villagra⁴⁷, F. Cano⁴⁸, M. A. Contreras⁴⁹, A. Vogel⁵⁰, P. Zambrano⁵¹, P. Hevia⁵², M. C. Chiu⁵³, Jie Ding⁵⁴, J. J. Vanegas⁵⁵, L. M. Higuera⁵⁶, G. Roussey⁵⁷, T. Ulinski⁵⁸, S. Krid⁵⁹, M. Fischbach⁶⁰, J. Harambat⁶¹, Ch. Samaille⁶², R. Büscher⁶³, J. Oh⁶⁴, L. Pape⁶⁵, U. John⁶⁶, G. Klaus⁶⁷, H. Billing⁶⁸, C. Stefanidis⁶⁹, F. Papachristou⁷⁰, A. Bagga⁷¹, M. Kanitkar⁷², R. Sinha⁷³, S. Sethi⁷⁴, E. Verrina⁷⁵, E. Vidal⁷⁶, G. Leozappa⁷⁷, D. Landau⁷⁸, I. S. Ha⁷⁹, K. H. Paik⁸⁰, A. Bilal⁸¹, E. Sahpazova⁸², Y. N. Lim⁸³, L. Sanchez Barbosa⁸⁴, J. W. Groothoff⁸⁵, Y. Konijnenberg⁸⁶, Y. Silva⁸⁷, M. Al Ryami⁸⁸, R. Loza Munarritz⁸⁹, B. Leszczyńska⁹⁰, M. Szczepańska⁹¹, O. Brumariu⁹², J. Kari⁹³, D. Kruscic⁹⁴, H. K. Yap⁹⁵, G. Ariceta⁹⁶, M. Aguirre⁹⁷, F. Santos⁹⁸, B. Niwińska-Faryna⁹⁹, A. Bayazit¹⁰⁰, C. A. S. Bakkaloglu¹⁰¹, S. Bakkaloglu¹⁰², I. Bilge¹⁰³, O. Yavascan¹⁰⁴, S. Mir¹⁰⁵, Eva Simkova¹⁰⁶, M. Christian¹⁰⁷, L. Greenbaum¹⁰⁸, A. Neu¹⁰⁹, D. Askenazi¹¹⁰, A. Al-Akash¹¹¹, S. Swartz¹¹², P. Brophy¹¹³, M. Rheault¹¹⁴ & M. Pradhan¹¹⁵

³⁴Hospital de Pediatría Garrahan, Buenos Aires, Argentina. ³⁵Hospital Italiano de Buenos Aires, Buenos Aires, Argentina. ³⁶Hospital de Niños Sor. Maria Ludovica La Plata, La Plata, Argentina. ³⁷Hospital Pediatrico Humberto Notti, Mendoza, Argentina. ³⁸R.S.A., Salta, Argentina. ³⁹Hospital Interzonal General, Bahía Blanca, Argentina. ⁴⁰Medical University Vienna, Vienna, Austria. ⁴¹University Hospital Antwerp, Edegem, Belgium. ⁴²Instituto da Criança - Hospital das Clínicas FMUSP, São Paulo, Brazil. ⁴³Children's Hospital of Eastern Ontario, Ottawa, Canada. ⁴⁴Hospital for Sick Children, Toronto, Canada. ⁴⁵BC Children's Hospital, Vancouver, Chile. ⁴⁶Hospital Guillermo Grant Benavente, Concepción, Chile. ⁴⁷Hospital Base, Osorno, Chile. ⁴⁸Hospital Luis Calvo Mackenna, Santiago, Chile. ⁴⁹Roberto del Río Hospital, Santiago, Chile. ⁵⁰Pontificia Universidad Católica de Chile, Santiago, Chile. ⁵¹Hospital Dr. Gonzales Cortes, Santiago, Chile. ⁵²Hospital San Juan de Dios, Santiago, Chile. ⁵³Department of Pediatric & Adolescent Medicine, Hong Kong, China. ⁵⁴Peking First Hospital, Beijing, China. ⁵⁵Instituto del Rinon, Medellin, Colombia. ⁵⁶Baxter Servicio al Cliente Colombia, Medellin, Colombia. ⁵⁷CHU Nantes, Nantes, France. ⁵⁸Armand Trousseau Hospital, Paris, France. ⁵⁹Hopital Necker Enfants Malades, Paris, France. ⁶⁰Children's Dialysis Center, Strasbourg, France. ⁶¹Hopital de Enfants, Bordeaux, France. ⁶²Hopital Jeanne de Flandre, Lille, France. ⁶³Children's Hospital Essen, Essen, Germany. ⁶⁴University Medical Center, Hamburg, Germany. ⁶⁵Medical School, Hannover, Germany. ⁶⁶Kidney Center for Children and Adolescents, Jena, Germany. ⁶⁷KfH Kidney Center, Marburg, Germany. ⁶⁸Children's University Hospital, Tübingen, Germany. ⁶⁹A&P Kyriakou Children's Hospital, Athens, Greece. ⁷⁰Aristoteles University, Thessaloniki, Greece. ⁷¹All India Institute of Medical Sciences, New Delhi, India. ⁷²Armed Forces Medical College, Pune, India. ⁷³Institute of Child Health, Kolkata, India. ⁷⁴The Medicity, Gurgaon, India. ⁷⁵G. Gaslini Institute, Genova, Italy. ⁷⁶Pediatric Nephrology, Dialysis and Transplant Unit, Padova, Italy. ⁷⁷Department of Nefrologia-Urologia, Rome, Italy. ⁷⁸Soroka Medical Center, Beer-Sheva, Israel. ⁷⁹Seoul National University Children's Hospital, Seoul, Korea. ⁸⁰Samsung Medical Center, Seoul, South Korea. ⁸¹Rafik Hari University Hospital, Beirut, Lebanon. ⁸²Pediatric Clinic, Skopje, Macedonia. ⁸³Kuala Lumpur Hospital, Kuala Lumpur, Malaysia. ⁸⁴Pediatric Hospital Medical Center SXXI, Cuahutemoc, Mexico. ⁸⁵Academic Medical Center, Amsterdam, The Netherlands. ⁸⁶Wilhelmina Children's Hospital, Utrecht, The Netherlands. ⁸⁷Hospital Infantil de Nicaragua, Managua, Nicaragua. ⁸⁸Royal Hospital, Muscat, Oman. ⁸⁹Cayetano Heredia Hospital, Lima, Peru. ⁹⁰Public Pediatric Teaching Hospital, Warsaw, Poland. ⁹¹Dialysis Division for Children, Zabrze, Poland. ⁹²St. Maria Children's Hospital, Iasi, Romania. ⁹³King Abdul Aziz University Hospital, Jeddah, Saudi Arabia. ⁹⁴University Children's Hospital, Belgrade, Serbia. ⁹⁵Shaw-NKF-NUH Children's Kidney Center, Singapore, Singapore. ⁹⁶University Hospital Materno-Infantil Vall d'Hebron, Barcelona, Spain. ⁹⁷Hospital de Cruces, Baracaldo, Spain. ⁹⁸Hospital Universitario Central de Asturias, Oviedo, Spain. ⁹⁹Karolinska University Hospital, Stockholm, Sweden. ¹⁰⁰Cukrova University, Adana, Turkey. ¹⁰¹Hacettepe University, Ankara, Turkey. ¹⁰²Gazi University, Ankara, Turkey. ¹⁰³Department of Pediatric Nephrology, Capa-Istanbul, Istanbul, Turkey. ¹⁰⁴Tepecik Children and Research Hospital, Izmir, Turkey. ¹⁰⁵Ege University Faculty of Medicine, Izmir-Bornova, Turkey. ¹⁰⁶Al Jalila Children's Specialty Hospital, Dubai, United Arab Emirates. ¹⁰⁷Children & Young People's Kidney Unit, Nottingham, United Kingdom. ¹⁰⁸Children's Healthcare Pediatric Dialysis Unit, Atlanta, United States. ¹⁰⁹Johns Hopkins Hospital, Baltimore, UK. ¹¹⁰Children's Hospital of Alabama, Birmingham, UK. ¹¹¹Driscoll Children's Hospital, Corpus Christi, USA. ¹¹²Texas Children's Hospital, Houston, USA. ¹¹³University of Iowa Children's Hospital, Iowa, USA. ¹¹⁴University of Minnesota Amplatz Children's Hospital, Minneapolis, USA. ¹¹⁵The Children's Hospital of Philadelphia, Philadelphia, USA.